



## SAFER AT HOME RESOURCES

SeniorCare Meals on Wheels (978) 281-1750

The Open Door
(978) 283-6776
Nutritious groceries available for pickup or delivery

Outpatient Mental Health Assistance (781) 540-3329

Free help accessing Outpatient Mental Health Care for Adults and Youth



<u>Prescription Medication Delivery</u> Please call your pharmacy to arrange for delivery

CVS 6 Thatcher Road 978-283-7480 CVS Gloucester Crossing 978-281-2450 Walgreens 201 E Main St 978-283-7361 Walgreens 127 Eastern Ave 978-281-2720

## Action, Inc

(978) 282-1000 (Main Number) Business hours M-F 9am-5pm Energy & Heating Assistance 978-281-3900 fuelassistance@actioninc.org

COVID-19 Resources actioninc.org/covid-19-resources/

## Elder Abuse Hotline

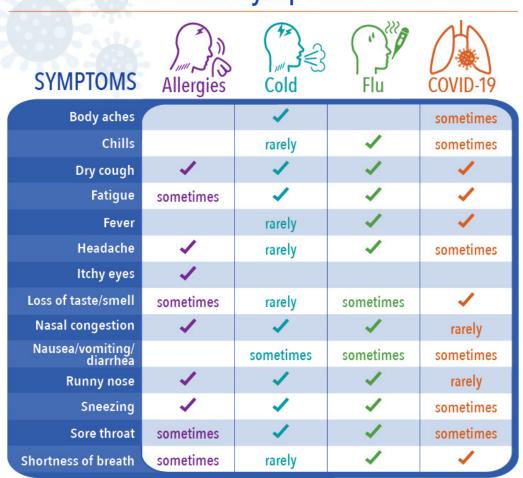
(800) 922-2275

If you or a neighbor feel unsafe at home, you can call 24/7





## ALLERGIES, COLD, FLU AND COVID-19 Most common symptoms for each



COVID-19 Testing Sites mass.gov/stopthespread